

## Camp Harkness Medical Standard

**Important:** Please review the following information carefully. Failure to comply with any one of these standards could result in your camper being sent home.

- 1) Please allow **Physician** to complete the physical examination section **AND** list of medications. If this section is left incomplete, the form will be returned.
- 2) A completed Camp Harkness Medical Form with a **Connecticut** doctor's signature is required within one year of attendance at camp.
- 3) Diagnosis and pertinent medical information must be listed.
- 4) Must have tetanus booster within last ten years.
- 5) Authorizations for Medical, Surgical, and Dental Treatments must be signed.
- 6) **All medications must have written orders signed by a physician.** When changes are made after medical forms are completed and sent, **an updated written order** signed by a physician must be sent to The Arc Eastern Connecticut **prior** to camp attendance.
- 7) Medication must be in the **original containers** from the pharmacy with **proper labels**. **Do not put medication in individual envelopes or pill boxes**, even if the camper self-medicates.
- 8) **Sufficient medication and supplies** are a must for the entire stay of the camper. This includes all medications, syringes, diabetic testing, and personal items.
- 9) Medication will be administered at the following intervals:
  - Morning - 8:30 am
  - Noon - 12:30 pm
  - Afternoon – 4:00 pm
  - Dinner - 6:00 pm
  - Hour of Sleep - 9:00 pm
  - Insulin ½ hour before meals. Testing as ordered.
- 10) The Arc Eastern Connecticut has its own records for administration of medication, narcotic sheets, etc. Please do not ask the camp nurses to sign off your home or hospital records. Copies of our forms will be provided when medication is returned on check out day.
- 11) All campers must give medication to the nurse to be locked in the infirmary.
- 12) All adaptive equipment must be provided by the camper and should be in good repair. This includes braces, wheelchairs, crutches with extra tips, technology tools, feeding utensils, etc.
- 13) A doctor's order is needed for mechanical restraint of the campers in wheelchairs or beds, including **bedrails**. Campers must provide own bed rail pads.
- 14) Anyone presenting with COVID symptoms will be tested and COVID protocol implemented if positive.
- 15) Communicable diseases such as athlete's foot, ringworm, "pink-eye", etc. will lead to the camper being sent home, unless a doctor's certificate accompanies the camper regarding treatment and states the camper is not contagious. **To minimize the spread of infectious diseases, any/all infected camper(s) will be sent home.**
- 16) We do not provide special diets other than food consistencies modified to DDS regulations.
- 17) Camp Harkness maintains contracts for medical services with a local physician's group as well as YaleNewHavenHealth Lawrence & Memorial Hospital in New London, CT.

**In order to keep the number of medications to a minimum, please discontinue all nonessential medications (i.e. Vitamins, creams, and ointments) for the duration of the camper's stay.**